



**NYU Hospital for Joint Diseases**

NYU LANGONE MEDICAL CENTER

## Pediatric and Adolescent Rheumatology Wellness Day

NYU Hospital for Joint Diseases

301 East 17<sup>th</sup> Street, corner of Second Avenue, New York, NY

June 6, 2009 from 9:15am-4:00pm



- 9:15am Continental Breakfast
- 9:30am Welcome-Introductory Remarks - Philip Kahn, MD
- 9:35am What is Autoimmune Disease? - Philip Kahn, MD
- 10:00am What is Arthritis? - Herb Lazarus, MD
- 10:25am Morning Break / Exhibits Open at 10:25am
- 10:30am Parent & Child Art Project - Frances Renton MS,CCLS, Child Life Specialist, Child Life Team
- 11:00am Nutrition - A Practical Approach to Incorporating a Healthy Diet into Your Child's Life -Sapna Lalla, MS, RD, CDN, Nutrition Coordinator, Initiative for Women with Disabilities (IWD)
- 11:30pm A Cooking Lesson - Sapna Lalla, MS, RD, CDN, Nutrition Coordinator, Initiative for Women with Disabilities (IWD) and Angelique Daniel-Pelote, MS, RD, Director, Food & Nutrition
- 12:15pm Lunch
- 1:15pm How to Cope with Chronic Illness & Pain? - Michelle Romano, LMSW & Jennifer Haus, LCSW
- 1:45pm Afternoon Break / Exhibits Close at 2:00pm
- 2:00pm Rehabilitation Medicine-How Therapy Can Help You Feel Better:
  - ✦ Occupational and Physical Therapy - Lauren Cardoni, OTR & Jennifer Carotenuto, DPT
  - ✦ Pet Therapy - Sally Klein, LMSW, Pediatric Social Worker, Center for Children
- 3:00pm Ask the Doctor About Today's Treatments - Drs. Kahn & Lazarus
- 3:15pm Panel Discussion - Lauren Cardoni, Jennifer Carotenuto, Angelique Daniel-Pelote, Seth Ginsburg, Alina Gonzalez, Jennifer Haus, Philip Kahn, Sapna Lalla, Herbert Lazarus, Michelle Ramono, Frances Renton, Kelly Rouba, and Ranit Shriky (moderator)

For more information or to register, please contact Angelique Shriky at 212.844.0209 or at [Angelique.Shriky@nyumc.org](mailto:Angelique.Shriky@nyumc.org). This program is presented in collaboration with the following departments and programs at the NYU Langone Hospital for Joint Diseases: Center for Arthritis and Autoimmunity, Center for Children, Child Life Service, Food and Nutrition, Infusion Services, Initiative for Women with Disabilities, Nursing, Pediatrics, Recreational Therapy, Rehabilitation Medicine, Rheumatology, Seligman Center for Advanced Therapeutics, and Social Work Services and Case Management

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